

important information

- SDN playgroup is a mobile playgroup which is flexible and open ended. Staff will work with you to create a playgroup program which reflects you, your child and your community.
- The playgroup is facilitated by highly skilled early childhood educators, who will be able to support you. Staff will be able to answer any questions you may have about your child's play, learning or development.
- Morning tea will be provided for you and your child. Please advise staff if there are any allergies in your family.
- This program is specifically funded for families facing challenges. Referral pathways are available if you are facing challenges such as drug or alcohol problems, mental health issues or domestic violence. Staff can help if you are struggling with your child's behaviour, or if you don't have much support. Speak with the Playgroup Coordinator to see what's right for you.



sdn
playgroup

brighter times

sdn Child and
Family Services

Level 5, Suite 5.05
77 Dunning Avenue
Rosebery NSW 2018
Phone: 02 9697 0811
Mobile: 0410 533 914
Fax: 02 9662 6104
Email: T.Potts@sdn.org.au

For more information contact the Playgroup Team

sdn Child and
Family Services



your children will

Play with you and also with other children; learn simple sharing skills and routines; use their imagination and creativity; engage in physical play; participate in new play experiences;



respond to other adults; make local friends; learn more about their world; increase their social and communication skills; and have lots of fun!

what is the SDN playgroup?

The SDN playgroup is a mobile playgroup, "Brighter Times", designed to provide a safe place for you to play and learn with your child.

Throughout the duration of the Playgroup, SDN staff work with you to develop and expand your skills and play ideas by providing support and guidance.



the group is for you to:

Play with your child and learn together; develop new friendships; share ideas, information and experiences; become part of your local community and have fun!

what to bring to playgroup:

Sunscreen, hats, and comfortable clothes. Also, a jumper if needed.

Morning tea for you and your child/ren is provided.



why is play important?

Play is one of the most important needs your child has. It is one of the ways children learn about and practice living in their world and their culture. It also helps children to manage their feelings and to cope with upsetting things that happen in their lives. Play also helps to build relationships.



Play is relaxing and fun!