**SDN Children's Services** 

## Welcome to SDN



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# **Welcome to SDN**

SDN is a not-for-profit organisation that has supported families and encouraged children to reach their full potential since 1905.

We believe that the early years matter and last a lifetime.

We start with what matters to your child's wellbeing and your family and we work across a range of disciplines to provide child care centres, preschools, disability services, and family support.

## **Early Childhood Education**

Our child care centres provide a fun, safe, clean and caring environment where your child will play, explore and learn with others.



Our qualified teachers tailor programs for your child's stage, strengths, abilities and personality. Throughout the day, your child will have opportunities to explore, experiment and express their understanding of how the world works. Like the communities and families we serve, our staff come from diverse backgrounds, broadening your children's experience and helping them to feel included.

#### What does your child love to do?

Children deserve to feel that they belong, they're understood, valued, and they're safe to be themselves.

Our educators work in partnership with families to identify your child's strengths and interests. This helps us to choose teaching strategies and design learning environments that connect what happens in centres with what happens at home.

#### Learning through play

#### We believe in your child's potential...

Play is a child's right. Your child will have opportunities to learn, discover, create, improve and imagine, in environments that encourage exploration and balance safety with opportunities for independence.

As part of your child's development we offer activities that develop their gross and fine motor skills, emotional awareness, creativity and social skills. As your child shows that they're ready, we also provide a school readiness program to give them literacy, numeracy and writing skills that will give them the best start for when they make the change to 'big school'.

#### **Ready for school**

Our program grows with your child. By the time your child leaves, you'll be confident they can successfully transition to school. SDN will support your child to:

- have a sense of wellbeing
- be a confident and involved learner



- have a sense of their personal identity
- be connected with and contribute to the world
- be able to express their needs.

Our focus on children's developmental needs also means all children are welcome and thrive at SDN centres, no matter what their physical, learning and social needs.

# Disability services — for the potential in every child

SDN provides disability services for children from birth, up to their transition to high school with a disability or developmental delay.

At SDN, our unique approach means your child has more opportunities to reach their full potential. We work alongside you and your family as part of a team. The result is a support network that is shaped around your family life, your goals and most importantly, your child.

#### Why SDN is right for you

Choosing the right support network is key to your child's development.

 we're guided by you. You know your child best and together we'll find the best way to reach your goals

- our way of working means you have access to a range of therapists, but your therapy is delivered in a personalised way through one key contact
- therapy works in with your regular routine in the places where you spend most of your time — focusing on practical, achievable tasks
- we also work with parents, teachers and anyone in your child's life so the therapy continues even when we aren't around
- a strong and supportive network means more opportunities for your child to take part in everyday life alongside their peers.

## Helping your family to thrive

Sometimes parenting and family life can be more than you anticipated and you need a helping hand. To help with this, SDN also provides family services on a referral basis.

Whether you're struggling with your child's behaviour, or facing challenges such as domestic violence, drug and alcohol issues or mental health concerns, we support families to build strong relationships.

From family counselling and home visits, to parenting education, resources and playgroups, SDN focuses on building strong, functional and well-supported families to promote healthy development in children.



#### We've always believed that we can help the world be a better, more equitable place.

## Find out more

#### www.sdn.org.au

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