

SPECIAL CLASSES ROSTER

		<i>TODDLERS</i>	<i>PRESCHOOLERS</i>
MONDAY	am 10:30	Music Appreciation (Juan)	Sports Fundamentals (Miguel) Origami for Kids (Megumu)
	pm 3:00	Sports Fundamentals (Miguel)	Music Appreciation (Juan)
FRIDAY	am 10:30	Yoga for Kids (Susan)	Local Excursions
	pm 3:00	Yoga for Kids (Beatriz)	Mandarin lessons (Jessie)

Music Appreciation : Children will learn basic musical instruments and learn about rhythm, & beat
 Juan has a university degree in music education from China. She was a music teacher for 14 years. Her husband is a distinguished music conductor here in Sydney and her son has graduated with a music degree from Sydney Uni so she comes from a very musical background

Sports Fundamentals : Children will learn the basics of different sports like soccer, basketball, cricket, etc
 Miguel played basketball for De La Salle in Ashfield (Junior Team Yr 11 & 12)
 He also volunteered as an assistant coach for Glebe Magic and plays for the Sydney Basketball League over 35 years old division

Yoga for Kids : Children will learn basic yoga poses and meditation for the preschoolers.
 Beatriz has attended many yoga and mindfulness training over the years and is able to help children learn how to relax, feel connected and develop body awareness.
 Susan believes practicing yoga at an early age encourages self-esteem and body awareness. She will be attending a 3 day training course on yoga for children in the coming months, which will qualify her as a yoga instructor for young children

Mandarin lessons : Children will learn basic Mandarin like counting, using simple words, and singing simple songs
 Jessie used to teach at university level in China and will use this skill to prepare and plan a structured language program for the children

Origami for Kids : Children will learn how to make basic origami shapes and creations which will in turn develop their fine motor skills of folding paper and being precise
 Megumu has been doing origami for years and will guide the children to making some great creations to take home

Local excursions include : North Sydney Library, St Leonards Park, local café, picnic @ community centre, Woolworths, local shops, local vet