

caring hearts

All ages



Chalk drawing - spreading positivity

Creating positive messages with chalk enables children to practice kindness through words and pictures, especially as we navigate through the COVID-19 pandemic together. This activity may also help with conversations and questions around the current situation.

Learning benefit/skill development

- Develops empathy and understanding for others.
- Encourages the development of positive thinking.
- Encourages creativity and visual analysis.
- Develops Fine Motor Skills through hand, wrist and finger movement.

What you'll need

- A variety of chalk (in different colours)
- Some dedicated space outside on a wall or ground to use as a canvas
- A damp cloth to clear or make adjustments to your colourful creations

Instructions

You may want some messages to start your chalk canvas. Some options could be:

- *Stay happy*

- *Stay safe*
- *Stay strong*
- *We are all in this together*
- *Keep smiling*

You may want some symbols or pictures to start your chalk canvas. Some options could be:

- *Love hearts*
- *Rainbows*
- *Flowers*
- *Sunshine*

Encourage your children to take the lead on what they want to draw and write with their chalk designs. This activity may also inspire further questions and positive discussion about kindness. Take some photos of your creations to share with family and friends.