

## Frozen friend rescue — Keeping toddlers occupied

Frozen friend rescue is a great way for children to explore what needs to happen for the water to turn to ice and what needs to happen for the ice to turn back to water.

## Learning benefit/skill development

- Science, as children, explore liquids and solids.
- Problem Solving, children need to formu late different strategies for the 'rescue', implement, trail these and then alter their approach as needed.
- Persistence, this activity is not a quick one (unless conducted in the middle of sum mer) so it requires patience and persistence to get to the end of it.
- Teamwork & cooperation, this is a great one for siblings to work together on. They will share problem-solving ideas and work together toward a common goal.

## Instructions

 Select toys that your child might like to res cue (make sure they will survive being frozen in water –plastic toys are best for this).

- Place toys in a plastic container Tupper ware or an old ice cream container works well.
- Freeze toys overnight.
- Provide spoons (as a digging implement) and encourage the child to think about how to 'rescue' the toys.



