

Frozen friend rescue — Keeping toddlers occupied

Frozen friend rescue is a great way for children to explore what needs to happen for the water to turn to ice and what needs to happen for the ice to turn back to water.

Learning benefit/skill development

- Science, as children, explore liquids and solids.
- Problem Solving, children need to formu late different strategies for the 'rescue', implement, trail these and then alter their approach as needed.
- Persistence, this activity is not a quick one (unless conducted in the middle of sum mer) so it requires patience and persistence to get to the end of it.
- Teamwork & cooperation, this is a great one for siblings to work together on. They will share problem-solving ideas and work together toward a common goal.

Instructions

 Select toys that your child might like to res cue (make sure they will survive being frozen in water –plastic toys are best for this).

- Place toys in a plastic container Tupper ware or an old ice cream container works well.
- Freeze toys overnight.
- Provide spoons (as a digging implement) and encourage the child to think about how to 'rescue' the toys.



