

curious minds

Ages 3
and up



Home made paint—fun and creativity

Run out of paint? No worries, just mix water flour and salt with a little bit of food colouring and voila, some paint! This paint washes off easy (as long as you don't go crazy on the food dye). Painting is a great way for children to have fun and express creativity.

Learning benefit/skill development

- Creative growth, imagination, concentration, coordination, problem-solving ability and fine motor skill development.

Benefit to family

- Utilising a range of materials in the house such as old cardboard boxes which make great canvases or even old sheets.
- A great way to harness your child's ability to develop mentally, emotionally and boosts their self-confidence.

What you'll need

- Food colouring
- Flour
- Salt
- Water

Tips

- Bigger the better - old cardboard boxes are great canvases
- Avoid giving too much direction, see what your child develops
- Using different kitchen utensils to paint such as mashers, forks, spoons, sponges and cookie cutters. Get imaginative!