

make
your
own

Ages 3
and up



Playdough - make your own fun

A recipe for uncooked playdough to create with your child

Learning benefit/skill development

- Develops hand and eye concentration and their coordination
- Teaches children how to follow a process and guided structure
- Enhances children's creativity and imagination as playdough can be used in so many ways!
- Develops children's fine motor skills. By squishing, rolling and flattening the playdough, it helps strengthen children's hands and fingers

What you'll need

- 1 packet of rice flour
- 5 teaspoons of oil
- 1 packet of corn starch
- 5 cup of salt
- 3 tablespoons of cream of tartar

- 3 cups of hot water
- Food colouring as the desired method

Method

- Mix all the dry ingredients together
- Add the vegetable oil then add the food colouring to the first cup of water and add into the bowl, mixing it in. Add the rest of the water, a little at a time to get the right consistency. You may not need all the water.
- Store the playdough in a large plastic snap-lock bag or airtight container.

This recipe can be cooked. Just place all ingredients into a pot and add all the water, cook over a low heat for 3 to 5 minutes until the dough comes away from the sides of the pot. Turn out onto a lightly floured board or bench and knead until smooth.