

caring hearts

10 months
up



Vertical Painting

Express creativity through painting

Learning benefit / skill developed:

- Allows children to express themselves creatively
- Allows children to explore colours
- Uses hand-eye co-ordination and gross motor skills through using the large muscles in the arms

What you'll need:

- Large paper (can also tape paper together)
- Paint and paintbrushes (can make your own paint, see recipe in Family Hub)
- Paint pots/empty jars (can also use washed tins, as long as no sharp edges)

- Masking tape/blu tac (to attach the paper)
- A relatively flat surface (a wall, a door, a window, a fence etc)

Instructions

Tape or blu tac the paper to the wall at a height that will allow your child to reach the whole paper, pour the paint into the container and let your child paint!

Special instructions

You can also play music while painting or encourage your child to paint something they can see in the environment. This can be done indoors or outdoors, if indoors check your paint is washable.