

Loose parts - inspiring creativity

Have you ever noticed that if you leave recyclable or re-usable materials lying around children will almost certainly play with them? The options for play and discovery are endless with the use of open-ended resources that we like to call 'loose parts'.

Learning benefit/skill development

- Developing and using children's imagination.
- Gross and fine motor development of using items and constructing with these.
- Develops children's problem solving and spatial awareness.
- Older children will be able to vocalise their play and idea of use for these materials, whereas younger children will use these materials solely for investigation and building purposes.

What you'll need

A variety of open ended resources such as

- Wood offcuts
- Milk crates
- Stones
- Cardboard boxes such as cereal box, biscuit box and parcel boxes
- Shells

- Ribbon

- Washed plastic food containers such as yogurt
- tubs and butter tubs
- Plastic garden pots

Instructions

- Provide a range of open ended resources within a play space that is large enough for children to explore the use of these materials in a way they wish to use them.
- Don't try to direct the child, just let them explore and use their imagination.
- Allowing children to use materials with their own ideas in mind encourages and inspires their imagination and creativity.

Tips/advice

 Having children involved in the process of sourcing the re-usable or recyclable items can also encourage their play with these items.

