

**make
your
own**

**Ages 1.5
and up**



Home made paint — fun and creative

Run out of paint? No worries! Use this easy recipe to make your own paint. Painting is a great way for children to have fun and express their creativity.

Learning benefit/skill development

- Encourages creative output and growth
 - Assists children in their concentration and strengthens their problem solving ability.
 - Develops hand-eye coordination and fine motor skills.
2. Utilise a range of materials in the house, such as old cardboard boxes or old sheets, that can make great canvases.
 3. Along with standard paint brushes, give children access to safe kitchen utensils that they can use to paint, such as spoons, sponges and mashers. Get imaginative!

What you'll need

- Food colouring
- Flour
- Salt
- Water

Method:

1. Mix water, flour and salt with a little bit of food colouring. Voila, some paint!

Tips/advice:

- This paint washes off easy (as long as you don't go crazy on the food dye).
- Avoid giving too much direction, see what your child develops.