

curious minds

Ages 2
and up



Gingerbread sensory playdough — smell of Christmas cheer

Captivate children with the smell and feelings of Christmas cheer with Gingerbread sensory playdough.

Learning benefit / Skills developed

- Develop an understanding of the senses, mainly touch, sight and smell, as well as language to describe senses
- Introduces early mathematical and scientific concepts, like using measurements and spatial awareness
- Promotes cognitive skills such as motor development and hand-eye coordination

What you'll need—for the playdough

- 2 cups of plain flour
- 2 tablespoons cream of tartar
- 1/2 cup salt
- 2 tbsp of oil
- 3 tbsp each of the following spices : nutmeg, cinnamon, ground ginger
- 1 cup of boiling water

What you'll need—for play

- Craft items (preferably Christmas colours)
- Cookie or play dough cutters
- Bowl, spatula and rolling pin

Instructions

1. Combine all ingredients together in a bowl using a spatula (or wooden spoon), but add the boiling water gradually into the mix.
2. Allow to cool down first before kneading the dough until reached dough-like consistency.
3. Give to child/children to play with the dough. They can use rolling pins to flatten the dough and cookie cutters to make shapes, and then decorate with craft items.
4. Be sure to ask them about what they're doing and describe what they are experiencing (e.g. "what does it smell like?", "how does it feel?").