

# curious minds

Ages 2  
and up



## Potion-making — a masterclass of magic

Add some colourful magic to the day with this potion-making masterclass. Simply use some simple materials found at home, as well as your imagination and creativity to experiment with colour, paint and swirls!

### Learning benefit/skill development

- Promotes children's curiosity and provides a sensory exploration experience
- Encourages messy play to promote children's creative and adaptive play
- Assists with developing hand-eye coordination, fine motor control and spatial awareness skills
- Explores cause and effect and enhances observation skills, as colours are added and change
- Supports their 'pincer grasp' when squeezing and releasing using the eye dropper.

### What you'll need

- Clear glasses, bowls or containers, try to aim for at least 4-5 to make different colour choices and one empty container to make their potion
- Food colouring or water soluble paint
- Spoons, eye droppers and pippets

- Shaving cream or whipped cream (optional)

### Instructions

1. Get your glasses, bowls or containers and fill them with water and add either food dye or watered down paint. Provide at least a few different colours, such as primary colours: red, blue and yellow.
2. Provide children with spoons, eye droppers and pippets and allow and/or assist them to pick up different colours and add it to their potion jar. Note: some children may need support or direct assistance with using the eye droppers to collect and release the liquid, but allow for trial and error.
3. Optional, but you can provide children with shaving cream or whipped cream to add to their potions and thicken them up to their liking!

**Tips**—engage children with questions like:

- What colour is your potion? How are the colours changing (from one to another)?
- How are you making your potion?
- What type of potion are you making?