

caring hearts

Ages 3
and up



Making peg people

Peg people are a way for children to use their imagination during play and explore their identity and relationships with each other. It's fun to give your child choices throughout this activity and see what the finished product looks like. It might not look like a 'person', however it will be about the process that your child has gone through to create their own toys.

Learning benefit/skill development

- Children imagine and create roles and express ideas through role playing with peg people
- Children develop creativity as they decide what materials they need to represent their peg person
- Expressive language is developing as children play with their peg people either on their own, or with other children
- Children can use pegs through their play to work on their pincer grasp development. This helps children manipulate small item and sets the foundation for hand-writing
- Using pegs can help development fine motor hand strength through the open and closing action
- Encouraging your child to keep a peg open for as long as they can during play may help them to build up hand endurance to support in other fine motor tasks

What you'll need

- Wooden pegs
- Textas/markers
- PVA glue
- Coloured paper
- Scrap fabric (from old clothes) or wool/string
- Scissors—to cut the paper, fabric or string

Instructions

- Sit with your child and materials, discuss what you are making
- Decide what people you will be making—what will they look like? What will they wear? Who can they be when they are completed?
- Use the glue to attach small pieces of fabric, string or paper to the pegs
- Use the textas to encourage your child to draw facial features, think and talk about how your peg people might be feeling as children start to play