

**make  
your  
own**

**Ages 3+**



## Playdough and pom-pom snakes

Using craft and multisensory activities is a fun and creative way of working on underlying developmental skills. In this playdough-based activity, children can work on fine motor skills including bimanual coordination, pincer grasp development, manual dexterity, and hand strength.

### Learning benefit / Skills developed

- Strengthens bimanual coordination—the ability to be able to coordinate the movement of both hands together to perform a task (e.g. rolling playdoh back and forth with two hands together)
- Strengthens manual dexterity—the ability to use the small muscles of the hand to grasp and manipulate objects, important for the development of self care and fine motor skills e.g. doing up buttons, zips, shoe laces, writing, drawing, etc.
- Following a child's interests during play (such one in animals), helps them foster a sense of identity and may make it easier to build up developmental skills

### What you'll need

- Playdough
- Googly eyes
- Pipe-cleaner
- Pom-poms or beads

### Instructions

1. Roll out your playdoh into a long tube/snake shape
2. Stick on googly eyes (you can use anything you have at home e.g. beads or poke some holes with a pencil or bbq skewer)
3. Push 3 pompoms into the back of the snake
4. Stick tongue (pipe cleaner) on front of the snake

